

FREE THINGS TO DO!

<p>Monday Oct. 9</p>	<p>TALKS // Recovery & Resilience: Course #1</p> <p>RSVP for the first of a series of classes that explores the notion of recovery and resilience from multiple fascinating angles. The course hones in on three different areas of recovery: recovery from illness, recovery from addiction, and recovery from natural or civic disaster, each area spearheaded by a guest speaker who specializes in it. Lend your ears to the kick-off lecture and bring your voice to the subsequent facilitated discussion.</p>	<p>5:45 pm –7:15 pm</p> <p>Pearl 143, Northeastern University 401 Terry Ave N, Ste 100</p>
<p>Tuesday Oct. 10</p>	<p>NATURE // Pacific Feast: Where the Wild Things Are Delicious!</p> <p>Nature can be delicious—you’ve just got to know where to look! Spend an evening learning about foraging from seasoned wilderness guide, professor, and writer Jennifer Hahn. She’ll provide tips on sustainable harvesting and foraging: super useful knowledge nuggets whether you need to fend for yourself in the wilderness or just want to forage as a hobby.</p>	<p>7:00 pm - 9:00 pm</p> <p>Bellevue Botanical Garden 12001 Main St, Bellevue</p>
<p>Wednesday Oct. 11</p>	<p>ART // Telling Our Stories: Art and Homelessness</p> <p>Be there for opening night of this special exhibit that revolves around experiences collected during and after homelessness, with themes such as hope, healing, connection, and finding home. These works were created by artists residing at the Downtown Emergency Services Center; together they form the LEAP (Life Enhancing Alcohol-Management Program) Artist Collective.</p>	<p>6:00 pm - 8:00 pm</p> <p>UW School of Art 4000 15th Ave NE</p>
<p>Thursday Oct. 12</p>	<p>COMMUNITY // STCA Spaghetti Feed</p> <p>The All-Star Dad’s Group at St Therese Catholic Academy is serving up a good ol’ spaghetti dinner to hail the community’s fall jog-a-thon. Join in for carbs and community!</p>	<p>5:30 pm - 7:00 pm</p> <p>St Therese Catholic Academy 900 35th Ave</p>
<p>Friday Oct. 13</p>	<p>FOOD // Seattle Made Week</p> <p>Throughout the week, the Central Co-op on Capitol Hill will showcase a variety of Seattle-made food samples. If you like hot sauce, stop by and try Doolie’s Hot Sauce, made with a recipe that’s “born in Africa, raised in West Seattle.” Not your typical hot sauce!</p>	<p>11:00 am –7:00 pm</p> <p>Central Co-op 1600 E Madison St</p>
<p>Saturday Oct. 14</p>	<p>FOOD // Cascade P-Patch Community Potluck</p> <p>Share your favorite fall dishes with Seattle neighbors and walk through the patch with host gardeners who have answers to your harvest questions! A shed re-build in the works, and you’ll be able to catch to a sneak-peek mock-up!</p>	<p>3:30 pm - 5:00 pm</p> <p>Cascade P-Patch Corner of Minor & Thomas</p>
<p>Sunday Oct. 15</p>	<p>FESTIVALS // Turkfest</p> <p>Soak in a little bit of Turkey in Seattle at the 17th annual Seattle Turkfest, a joyous festival of Turkish-themed performances, goods, and cuisine! You’ll learn a little bit about Turkish culture at each of the many colorful stands they have to offer.</p>	<p>11:00 am - 6:00 pm</p> <p>The Armory at Seattle Center 500 Harrison St</p>